



Task 1

Read the quotes and proverbs about food and answer these questions:

1. What is the meaning or implication of each proverb/quote?
2. Which proverbs or quotes do you agree with?
3. Are there any which you disagree with?
4. Which is your favourite?
5. Do you have any proverbs in your own language which refer to food or diet?

Food Proverbs

1. 'To eat is a necessity, but to eat intelligently is an art.' La Rochefoucauld
2. 'Stomach: A slave that must accept everything that is given to it, but which avenges wrongs as slyly as does the slave.' Emile Souvestre
3. 'Part of the success in life is to eat what you like and let the food fight it out inside.' Mark Twain
4. 'The discovery of a new dish does more for human happiness than the discovery of a new star.' Jean Anthelme Brillat-Savarin
5. 'When diet is wrong medicine is of no use. When diet is correct medicine is of no need.' Proverb
6. 'An apple a day keeps the doctor away.' Proverb
7. 'You are what you eat.' Proverb

8. 'Hunger is the best sauce in the world.' Cervantes
9. 'Strange to see how a good dinner and feasting reconciles everybody.' Samuel Pepys
10. 'Kissing doesn't last: cookery does.' George Meredith
11. 'Cooking is like love. It should be entered into with abandon or not at all.' Harriet Van Horne
12. 'Fish, to taste right, must swim three times – in water, in butter and in wine.' Proverb
13. 'Even were a cook to cook a fly, he would keep the breast for himself.' Proverb
14. 'One cannot think well, love well, sleep well, if one has not dined well.' Virginia Woolf
15. 'There is no such thing as a little garlic.' Proverb
16. 'A smiling face is half the meal.' Proverb
17. 'Give a man a fish and you feed him for a day. Teach a man to fish and you feed him for life.' Proverb
18. 'There is no sincerer love than the love of food.' George Bernard Shaw
19. 'I didn't fight my way to the top of the food chain to be a vegetarian.' Unknown

Task 2

Watch the video about world breakfasts:

https://www.youtube.com/watch?time_continue=213&v=JGjeaHe7GkY

Task 3

Food Idioms

Choose the correct variant:

1. The "cream of the crop" means it is ____.
 - a. the worst
 - b. the best
2. To "egg on" means to ____.
 - a. encourage
 - b. discourage
3. If it's "just your cup of tea", it is ____.
 - a. perfect
 - b. all wrong
4. If you are "cool as a cucumber", you are ____.
 - a. panicked
 - b. calm

5.If you "have a finger in the pie", you are ____ in something.

- a. involved
- b. disinterested

6."Use your noodle" means ____.

- a. act
- b. think

7."In a nutshell" means ____.

- a. concisely
- b. it is finished

8."In the soup" means ____.

- a. in serious trouble
- b. having a good time

9."A hot potato" is a question which ____.

- a. answers itself
- b. is difficult to settle

10.If you "eat humble pie" you ____.

- a. accept shame
- b. are defensive

Task 4

Play this boardgame. Answer the given questions:

https://www.allthingstoppers.com/uploads/2/3/2/9/23290220/boardgame_fooddrinks.pdf