

Warm up activity:

Do you find this healthy?

[https://www.google.com.ua/search?biw=1242&bih=535&tbm=isch&sa=1&ei=sl9uWpHEG8OLsAHH\\_ob4AQ&q=over+muscular+body+women&oq=over+muscular+body+women&gs\\_l=psy-ab.3...18048.19742.0.20106.6.6.0.0.0.0.146.700.0j6.6.0...0...1c.1.64.psy-ab..0.0.0...0.agg3JwgBaGI#imgsrc=kzXqMNw4Bm-iUM](https://www.google.com.ua/search?biw=1242&bih=535&tbm=isch&sa=1&ei=sl9uWpHEG8OLsAHH_ob4AQ&q=over+muscular+body+women&oq=over+muscular+body+women&gs_l=psy-ab.3...18048.19742.0.20106.6.6.0.0.0.0.146.700.0j6.6.0...0...1c.1.64.psy-ab..0.0.0...0.agg3JwgBaGI#imgsrc=kzXqMNw4Bm-iUM):

Do you like this body image?

QUIZLET:

<https://quizlet.com/263580984/046-health-advanced-trivia-game-flash-cards/>

Task 1. Choose the most suitable word from the list below:

(vomiting, fatigue, scarred, immune, digest, massaged, patients, rash, transplant, therapy, slim, surgery, symptoms, cure, aching, paralyzed)

1. With advances in genetics, perhaps someday a \_\_\_\_\_ will be found for AIDS. (cure)
2. Ali keeps \_\_\_\_\_ by playing squash about three times a week. (slim)
3. The old woman \_\_\_\_\_ her legs to warm them up. (massaged)
4. A doctor looks at the \_\_\_\_\_ of an illness in order to make his diagnosis (symptoms).
5. Poison ivy is a plant which causes a painful, itchy \_\_\_\_\_ to any part of the body that comes in contact with its leaves. (rash)
6. Her tooth was \_\_\_\_\_ so much that she had trouble falling asleep. (aching)
7. It took my uncle several months to recover from his heart \_\_\_\_\_ operation. (transplant)
8. The disease left her with a \_\_\_\_\_ right arm, so she learned to write with her left hand. (paralyzed)
9. Her face is \_\_\_\_\_ by burns she received from a campfire when she was a baby. (scarred)
10. The hospital was so full that they had to move some \_\_\_\_\_ into the hall because the rooms were too crowded. (patients)
11. He got really drunk at the party, and ended up outside, \_\_\_\_\_ in the garden. (vomiting)
12. That doctor uses large doses of vitamins as \_\_\_\_\_ for a number of different illnesses. (therapy)
13. Regular exercise is your best defence against \_\_\_\_\_.(fatigue)
14. Scientists do not yet understand why a small number of people seem to be \_\_\_\_\_ to the AIDS virus. (immune)

15. You should allow your supper to \_\_\_\_\_ a bit before you start any strenuous exercise. (digest)

16. Peter visited his sister, who had just recovered from heart \_\_\_\_\_ . (surgery)

TASK 2: ANSWER the FOLLOWING QUESTIONS:

1. [https://www.google.com.ua/search?q=health+care&source=Inms&tbm=isch&sa=X&ved=0ahUK Ewiv2JrZyPzYAhWIBywKHTQiC1sQ\\_AUICigB&biw=1242&bih=579#imgrc=8-NPvGzwx0esM:](https://www.google.com.ua/search?q=health+care&source=Inms&tbm=isch&sa=X&ved=0ahUK Ewiv2JrZyPzYAhWIBywKHTQiC1sQ_AUICigB&biw=1242&bih=579#imgrc=8-NPvGzwx0esM:)

What do you think about the health care system in your country? How could it be improved? (**сначала картинка, потом вопрос**)

2. [https://www.google.com.ua/search?q=alcohol&source=Inms&tbm=isch&sa=X&ved=0ahUKEwirgfrFyfzYAhWtiaYKH0wAR8Q\\_AUICigB&biw=1242&bih=579#imgdii=g1IVNID2m58cBM:&imgrc=ZgUa1Ft-X\\_N5XM:](https://www.google.com.ua/search?q=alcohol&source=Inms&tbm=isch&sa=X&ved=0ahUKEwirgfrFyfzYAhWtiaYKH0wAR8Q_AUICigB&biw=1242&bih=579#imgdii=g1IVNID2m58cBM:&imgrc=ZgUa1Ft-X_N5XM:)

Do you consider alcohol a drug?

3. Do you take vitamins or mineral supplements?

[://www.google.com.ua/search?q=minerals+supplements&source=Inms&tbm=isch&sa=X&ved=0ahUKEwinoczmyvzYAhVD\\_SwKHS9tAc8Q\\_AUICigB&biw=1242&bih=579#imgrc=\\_yzvXxvBu\\_2xTM:](https://www.google.com.ua/search?q=minerals+supplements&source=Inms&tbm=isch&sa=X&ved=0ahUKEwinoczmyvzYAhVD_SwKHS9tAc8Q_AUICigB&biw=1242&bih=579#imgrc=_yzvXxvBu_2xTM:)

TASK 3:

Watch the following video and try to think about its message.

<https://www.youtube.com/watch?v=Qo6QNU8kHxI>

1. How did the video make you feel?
2. What is the main message of the video?