

How often do you work out each month and what do you do when you work out?

Let's practice some of the words from the previous lesson while completing the exercise.

Ex. 1 Match definitions with pictures and name each activity correctly.

- 1. you hit balls into a hole on the table athletics (billiards)
- 2. you kick a piece of leather into a net (football)
- 3. it's a game with kings and queens (chess)
- 4. if you do this sport, it's important you can swim (sailing)
- 5. running, jumping, throwing etc. (athletics)
- 6. you sit on a saddle and hold the handlebars (cycling)
- 7. winter sport played on skates (ice hockey)
- 8. for this sport you need a rod, line and hook (fishing)
- 9. for this pastime you need shoes with wheels (roller-skating)
- 10. a very popular English summer sport (cricket)
- 11. a pastime for people who like running (jogging)
- 12. a fighting sport (wrestling)
- 13. race down a winter mountain on a board (snowboarding)
- 14. this outdoor pastime is only possible in winter (ice skating)
- 15. a green ball flying over a net (tennis)

Ex.2 Quiz

1. What do we call the people who watch sport?

spectators

the audience the viewers

the watchers





umpire manager referee linesman



3. Where do you play golf?

a golf course a golf track a golf field a golf rink

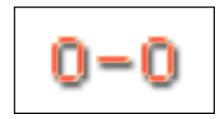


4. In which sport would you take a 'penalty'? boxing running tennis football



6. How do we say the following football score? 0 - 0

zero, zero nil, nil nought, nought love, love



Quizlet link: https://quizlet.com/4hmua8

Ex.3 Make ten collocations by matching a word on the left with a word or phrase on the right.

personal best blow a whistle bring on a substitute fail a drug test enter a competition set a record achieve your ambition enhance your performance take the lead, a drug test train hard a substitute
a record
best
the lead
a whistle
a competition
your performance
a drugs test
hard

your ambitions

Ex. 4. Complete the collocations in this report of rugby match.

Cambridge were happy to _	win	their last match 6:0. Oxford, the opposite			
		and some people thought they			
deserved	to win. They wer	re fearless in	tackling	their	
opponents, but every time th	ey tookposs	ession	of the ball, Ca	ımbridge	
managed to win it back. Can	nbridge have now	gained	a place	in the next	
stage/round	of the compet	ition. They will ι	andoubtedly come	up against	
some fiercecompetit	ion I	However, they ha	ive already manage	d to	
set/beat	an interesting wor	ld record by hav	ing four members of	of the same	
family in their wining team!		•			
Ex.5 Do, play or go? Choose	the correct verb.	Change the form	n where necessary.		
1. We are off to the leisure c	enter to nl	av sana	sh if you fancy cor	nino alono	
2. He's quite well-built beca	use he does	a lot o	of weight-lifting	iiiig aioiig	
3. I don't want togo	iogging t	oday. It is wet ar	n weight-inning. nd miserable outsid	Δ	
4. I've neverdone			id illiscrabic outsid	С.	
5. Have you evergone_					
6. Sam's out with his friends			a round of gol	f	
7. I finddoing				1.	
7. I IIIIuuoiiig	yoga every mor	ining helps the u	o iciax.		
Ex. 6 Choose the most natur	al-sounding words	S.			
1 Vareta juda and kun	a fu ara martial				
 Karate, judo and kun a. arts 	g-iu are martiai _	·			
b. sports					
c. activities	for a va	m important roos			
He's currently in rehearsal	for a ver	ry important race	·		
practice					
training	1 'C C 11"	1 4			
I'll of c	hess, if you feel lil	ke it.			
give you a game					
play you a match					
make you a contest		•.•			
I hoped to beat Simon at	tennis but he	W1tl	n me.		
cleaned the wall					
wiped the floor					
washed the dishes		1 (1 1) 1	•		
5. The	_ will go through t	to the final in Ma	nchester.		
a. victorious team					
b. winning team					
c. beating team					
6. The French team fin	ished	, followed cl	osely by the British	ı team.	
a. in the top position					
b. in prime post					
c. in first place					
7. In the end it was no	contest, and the _	S	swept to victory, be	ating the	
visitors four nil.					
a. residential team					

- b. home team
- c. local team
- 8. In the last five minutes of the match, Harrison scored _____
- a. a goal
- b. a team
- c. a nil
- 9. We need three new players to join______.
- a. the game
- b. the team
- c. the stadium
- 10. We need somebody to keep ______.
- a. the score
- b. the goal
- c. the team

Ex 7. Answer these questions, using full sentences.



- 1. How might you warm up before running a marathon?
- 2. Why would you be pleased if you pulled ahead of the other runners in a race?
- 3. Which sport is better for burning off calories and why tennis or table tennis?
- 4. Would you prefer to join in a snooker game or a football game after

work?

5. Would you like to make a career in professional sport? What sport would it be?

You can play a memory game now:

http://enjoyenglish.free.fr/english/primaire/concentration/winter/winter.htm