

### Exercise 1

#### Define if the statements are True or False

Your heart is really a muscle. It's located a little to the left of the middle of your chest, and it's about the size of your fist. There are lots of muscles all over your body - in your arms, in your legs, in your back, even in your behind. But this muscle is special because of what it does - the heart sends blood around your body.

The blood provides your body with the oxygen it needs. It also carries away the waste that your body has to get rid of.

- 1) A heart is not a muscle. **False**
- 2) A heart is located in your chest. **True**
- 3) The size of a heart is the same as your fist. **True**
- 4) A heart sends blood around your body. **True**
- 5) The blood provides your body with water. **False**

### Exercise 2

#### Complete these sentences:

1. There are five fingers in my **hand**.
2. There are five toes in my **tongue**.
3. I've got an above my eye **eyebrow**.
4. I can smell with my **nose**.
5. I can hear with my **ears**.
6. I can taste with my **tongue**.

### Exercise 4

#### Read the text and answer the questions

- 1) The general word for hands and legs is:
  - a) **limbs**
  - b) chest
  - c) forehead
- 2) What is trunk?
  - a) arms, legs, knees
  - b) **neck, chest, belly**
  - c) eyes, nose, lips
- 3) Which part is responsible for all your body?
  - a) neck
  - b) **brain**
  - c) back

4) Where is a spine situated?

a) On our head

b) On our foot

**c) On our back**

5) What helps you be much healthier?

**a) do physical exercises**

b) eat less

c) drink coffee