



**Quizlet:**

<https://quizlet.com/38943571/flashcards>

# How Do You Feel Today?



jealous



bored



proud



happy



excited



surprised



shy



tired



sad



angry



frightened



sorry

## I. Read the text and answer the questions.

# Emotions: How did you feel when...?



### 1 READ THIS RADIO PROGRAMME INTERVIEWS ABOUT EMOTIONS. HOW DID THESE PEOPLE FEEL?

1. STEVE: \_\_\_\_\_ 2. TOM: \_\_\_\_\_ 3. AMANDA: \_\_\_\_\_

- Jan: Hi, welcome to *Straight Talk*. I'm Jan Summers. Our programme today is about feelings and emotions. I'm asking people in the studio to tell us some of their stories. Who can we start with? Hmm ... hello, what's your name?
- Steve: Hi, my name's Steve.
- Jan: Steve, can you tell us about a time when you were embarrassed?
- Steve: Um. Yes. It was my first day at my new school. I saw this really pretty girl. I thought, "Hmm, she's very nice. She's probably in my class." Well, I asked her for her phone number, and everyone laughed. Later I found out why. She wasn't in my class – she was my teacher's daughter! I was so embarrassed!
- Jan: So, what happened?
- Steve: We went on a date and she's still my girlfriend!
- Jan: Thanks, Steve. Can anybody tell us about a situation when they felt proud?
- Tom: I can!
- Jan: What's your name?
- Tom: My name's Tom. Two years ago, I weighed 110 kilos. Then I decided to enter the London Marathon. I ran every day and ate lots of fruit and vegetables. In one year, I lost 40 kilos! This year I ran in the London Marathon. It was hard, but I finished in four hours. I was very tired – in fact, I was exhausted. After I finished the marathon, I was very proud of myself – exhausted, but proud.
- Jan: That's amazing! You should be proud of yourself. Can anybody remember a time when they were really frightened?
- Amanda: I can.
- Jan: Yes, what's your name?
- Amanda: My name's Amanda. I was very frightened once. Our house is near a river. Well, one day I was walking near the river with my dog when I saw the head of a child under the water. I thought it was a dead body. I was very scared so I didn't go near it. I called the police and they came immediately. When the police looked, they saw a doll in the water. But I was really scared for a while.
- Jan: Yes, I can see why. OK, now I'd like to know: can anyone tell us about a time they felt guilty? OK, what about jealous? Can anybody think of ...

### 2 CHOOSE THE CORRECT ANSWER.

- The topic of the radio programme was...
  - historical events.
  - personal events.
  - special people.
- Steve thought the girl was...
  - laughing at him.
  - in his class.
  - embarrassed.
- Tom finished the marathon in...
  - 110 minutes.
  - two hours.
  - four hours.
- After the marathon, Tom **wasn't**...
  - exhausted.
  - embarrassed.
  - proud.
- The police found a ... in the river.
  - doll
  - dog
  - body

### 3 ANSWER THESE QUESTIONS ABOUT THE INTERVIEWS.

- Who was the girl at school?
- How many kilos did Tom weigh? How many kilos does he weigh now?
- What was Amanda doing when the police arrived?
- What two other feelings does the interviewer mention?



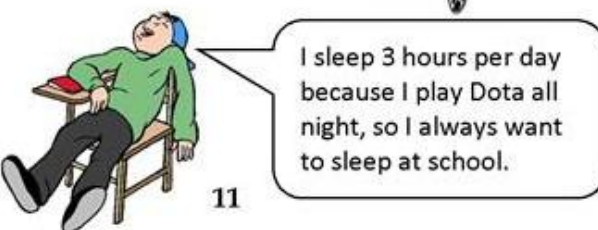
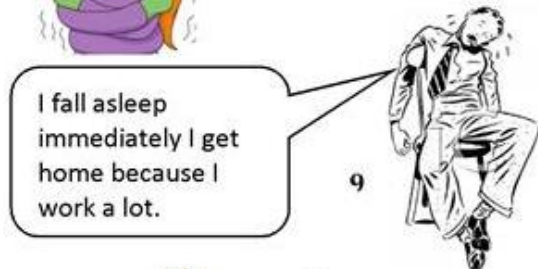
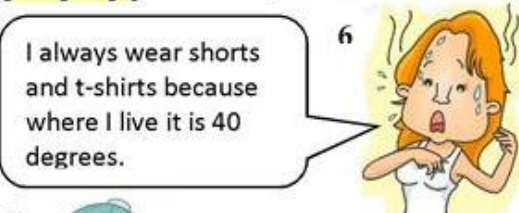
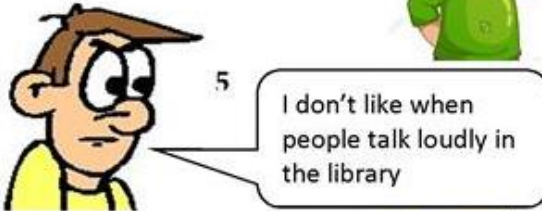
## II. Complete the sentences.

Complete the sentences with the words in the box.

Annoyed sleepy thirsty cold exhausted full hungry  
miserable sick disappointed excited hot



I won the first prize in the competition



1	He feels _____.
2	She _____.
3	_____.
4	_____.
5	_____.
6	_____.
7	_____.
8	_____.
9	_____.
10	_____.
11	_____.
12	_____.

### III. Answer the questions.

# Discuss, chat or talk about...

## Feelings and Emotions

1. Are you an emotional person? Do you ever cry or get angry?

2. Talk about a happy memory you have?

3. What do you think is exciting?

4. Have you ever been really embarrassed? When was it? What happened?

5. Is there anything that you feel nervous about these days?

6. When was the last time you were really unhappy?

7. Is there anything you are tired of doing? What is it?

8. Talk about a time when you felt really tired.

9. Is there anything you are disappointed about?

10. Are you jealous of anyone? Who? Why?

11. Are you mad at (angry with) anyone? Who? Why?

12. Talk about something you did that you are proud of?

13. Talk about a time when you were really scared?

14. Are you bored or busy these days? Why?

15. Do you feel comfortable when you speak English? Why? Why not?

16. When you are angry do you ever shout, throw things or break things?

17. What are you interested in? What things interest you?

18. Do you have any 'pet peeves'? Does anything drive you crazy?

Remember!

Discuss

Chat

Talk about