*Go through the vocabulary from the previous lesson:*

Quizlet links: <https://quizlet.com/49296200/english-daily-routines-flash-cards/>

*Discuss these questions about yourself:*

* What is the very first thing you do when you wake up?
* How many times a day do you brush your teeth?
* What are two places outside your home where you go every day?
* What type of drink do you have everyday?
* What leisure activity is part of your daily routine?

Ex. 1 Correct the mistakes in these sentences

1. I live by my own.
2. I usually go to the bed about midnight.
3. Most nights I sleep very quickly.
4. In the morning I have a shower and shave me.
5. I usually have the breakfast about 7.30.
6. After breakfast I clean the teeth.
7. I arrive to work about 8.30
8. After work I sometimes make the shopping.

Ex. 2 What words are being defined here?

1. to sleep too long to\_\_\_\_\_\_\_\_\_\_\_

2. a short sleep a \_\_\_\_\_\_\_\_\_\_\_

3. a small amount of food between meals a\_\_\_\_\_\_\_\_\_\_\_\_\_

4. an informal word for a conversation a\_\_\_\_\_\_\_\_\_\_\_\_\_

5. to wash the dishes to be the a\_\_\_\_\_\_\_\_\_\_\_\_\_

6. a person who cleans for you a\_\_\_\_\_\_\_\_\_\_\_\_\_

Ex. 3 Find the best ending for each verb

1. lie
2. get up
3. do
4. go out
5. go
6. have
7. make
8. the housework
9. to bed
10. my own breakfast
11. a rest
12. with friends
13. in bed
14. and have breakfast

Ex.4 Fill in the gaps

1. If I'm very tired in the evening I often have dinner and then I \_\_\_\_\_\_\_\_\_\_\_\_\_asleep

on the sofa.

2. I don't want the cats to go hungry, so I always \_\_\_\_\_\_\_\_\_\_\_\_\_ them and give them

some water before I go to work.

3. If I'm going to work at the office in the morning, I usually\_\_\_\_\_\_\_\_\_\_\_\_\_ home

about Sam.

4. At work I have coffee \_\_\_\_\_\_\_\_\_\_\_\_\_ around 11 am, and then I usually take a lunch

between 12.30 and 1.00, but it's never more than half an hour.

5. If I go our to a disco in the evening and have a\_\_\_\_\_\_\_\_\_\_\_\_\_ night, I have to set my

alarm clock, otherwise I *never* in the morning.

6. I don't go out most evenings. Quite often I \_\_\_\_\_\_\_\_\_\_\_\_\_ and watch N.

7. I usually have a \_\_\_\_\_\_\_\_\_\_\_\_\_ on Sunday mornings as 1 don't have to get up early
and go to work.

8. 1. \_\_\_\_\_\_\_\_\_\_\_\_\_ cards every Monday evening with my friends, but not for money.

Discuss the questions:

* Which is worse, the morning or evening rush hour?
* How are weekend mornings different from weekday mornings?
* What were mornings like in your house when you were a kid?
* What are some good habits that you have?
* How about your evening routine?
* What is something you do about once every month?

Answer keys

Ex.1

1. I Live on my own/by myself.
2. I usually go to bed about midnight.
3. Most nights I get/go to sleep/fall asleep very quickly.
4. In the morning I have a shower and a shave.
5. I usually have breakfast about 7:30.
6. After breakfast I clean my teeth.
7. I arrive at work about 8:30.
8. After work I sometimes do the shopping/go shopping .

Ex.2

1 oversleep

2 nap

3 snack

4 chart

5 washing-up

6 cleaner

Ex.3

1а

2g

3a

4с

5b

6d

7с

Ex.4

1 fall

2 feed

3 leave

4 break

5 late, wake up/get up

6 stay in