

Go through the vocabulary from the previous lesson:

Quizlet links: <https://quizlet.com/49296200/english-daily-routines-flash-cards/>

Discuss these questions about yourself:

- What is the very first thing you do when you wake up?
- How many times a day do you brush your teeth?
- What are two places outside your home where you go every day?
- What type of drink do you have everyday?
- What leisure activity is part of your daily routine?

Ex. 1 Correct the mistakes in these sentences

1. I live by my own.
2. I usually go to the bed about midnight.
3. Most nights I sleep very quickly.
4. In the morning I have a shower and shave me.
5. I usually have the breakfast about 7.30.
6. After breakfast I clean the teeth.
7. I arrive to work about 8.30
8. After work I sometimes make the shopping.

Ex. 2 What words are being defined here?

- | | |
|---|-------------------|
| 1. to sleep too long | to _____ |
| 2. a short sleep | a _____ |
| 3. a small amount of food between meals | a _____ |
| 4. an informal word for a conversation | a _____ |
| 5. to wash the dishes | to be the a _____ |
| 6. a person who cleans for you | a _____ |

Ex. 3 Find the best ending for each verb

1. lie
 2. get up
 3. do
 4. go out
 5. go
 6. have
 7. make
-
- a. the housework
 - b. to bed
 - c. my own breakfast
 - d. a rest
 - e. with friends
 - f. in bed

g. and have breakfast

Ex.4 Fill in the gaps

1. If I'm very tired in the evening I often have dinner and then I _____ asleep on the sofa.
2. I don't want the cats to go hungry, so I always _____ them and give them some water before I go to work.
3. If I'm going to work at the office in the morning, I usually _____ home about Sam.
4. At work I have coffee _____ around 11 am, and then I usually take a lunch between 12.30 and 1.00, but it's never more than half an hour.
5. If I go out to a disco in the evening and have a _____ night, I have to set my alarm clock, otherwise I *never* in the morning.
6. I don't go out most evenings. Quite often I _____ and watch N.
7. I usually have a _____ on Sunday mornings as I don't have to get up early and go to work.
8. I. _____ cards every Monday evening with my friends, but not for money.

Discuss the questions:

- Which is worse, the morning or evening rush hour?
- How are weekend mornings different from weekday mornings?
- What were mornings like in your house when you were a kid?
- What are some good habits that you have?
- How about your evening routine?
- What is something you do about once every month?